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ONLINE GUIDE TO MUTUAL AID LAUNCHED

Over 50 Searchable Recovery Resources for the Recovery Community and Service Providers

(Washington, DC, June 22, 2010) – Faces & Voices of Recovery has launched the *Guide to Mutual Aid Resources*, an online, one-stop resource for people looking for help with addiction and recovery. Visitors can find out about the many varieties of online and in-person mutual aid groups that are helping people find and sustain their recovery from addiction to alcohol and other drugs. The Guide is available on the Faces & Voices of Recovery web site and features over 50 mutual aid groups including Narcotics Anonymous, SMART Recovery and Women for Sobriety.

“There is no other place on the web where someone can find such a user-friendly, comprehensive list of mutual aid resources,” said author William White. The groups are organized into practical categories like “Youth-Focused” or “Medication-Assisted.” There’s information about mutual aid groups organized by profession, alcohol or other drug, recovery pathway and more. “We are thrilled to be able to offer this useful and free resource to both the recovery community and service providers,” said Faces & Voices Executive Director Pat Taylor. “We encourage organizations and individuals to spread the word about this new tool,” she said.

The federal government’s 2010 National Drug Control strategy calls for “updated lists of mutual help groups as a potential resource to individuals seeking help for substance use disorders.” “Millions of Americans know first-hand what scientific research shows – mutual aid groups can be an important part of an individual’s recovery process,” said The White. Anyone interested in mutual aid resources can also sign up to receive updates on upcoming conferences and conventions, new groups, books or tools and other relevant information.

The *Guide to Mutual Aid Resources* can be posted on organizational websites by using a logo downloadable from Faces & Voices at <http://www.facesandvoicesofrecovery.org/resources/support/widget.html>.

The *Guide to Mutual Aid Resources* was originally developed by Ernest and Linda Kurtz for the Behavioral Health Recovery Management project in 2001. In 2005, the Guide moved to Faces & Voices of Recovery and has been overseen by a 6-person committee of mutual aid experts. In 2009 Faces & Voices of Recovery received funding from the

Substance Abuse and Mental Health Services Administration's (SAMHSA) Partners for Recovery Initiative to enhance the Guide.

Faces & Voices of Recovery is a national nonprofit organization working to mobilize, organize and rally the 20 million Americans in recovery from addiction to alcohol and other drugs, their families, friends and allies in a campaign to end discrimination; broaden social understanding; and achieve a just response to addiction as a public health crisis. For more information, please visit: www.facesandvoicesofrecovery.org.